

CONTENTS

/ SEPTEMBER 2016 /



style

58 spotlight
joan collins

60 news & trends

health+ beauty

78 The Spa at Red Rock
by Well & Being

81 beauty bar

savor

85 sip & savor

94 vices: beauty & essex

98 dom pérygnon
imbibing with his stars

travel

102 escapades
jackson hole

drive

106 malibu wakesetter 24 mxz

Reception area at The Spa at Red Rock by Well & Being



Workout area featuring treadmills and fitness machines

Vertical yoga wall

GET YOUR GLOW ON

Newly renovated spa at Red Rock makes guests look and feel spectacular

Having just celebrated its 10th anniversary, Red Rock Casino Resort & Spa now has something else to celebrate. One of Las Vegas' premier luxury resorts and entertainment destinations recently unveiled its newly renovated spa and wellness facility.

Inspired by the natural beauty that surrounds it, The Spa at Red Rock by Well & Being features a stunning decor comprising elegant marble and limestone fixtures with white oak finishes, dark bronze fittings, and floor-to-ceiling windows.

"The whole feel of the space has changed with the new color scheme, clean lines; it used to be, what I called understated elegance, and now it's just beautiful and tranquil," explained The Spa at Red Rock by Well & Being's intentional living supervisor Emily Heim.

Conveniently situated on the main level of the hotel tower—away from the chirping and clanging of the casino floor—the 25,000-square-foot oasis is the perfect respite for locals and tourists alike.

One of three Well & Being spas in the country—other locations include the Fairmont Scottsdale Princess, and Four Seasons Resort and Club Dallas at Las Colina—the Red Rock spa by Well & Being features 22 treatment rooms. It also features fully customized wellness experiences, including a revamped menu of unique fitness classes, nutrition, integrative medicine, mind-body therapies, as well as the spa's signature "Fitness Prescription" and "Nutrition for Active Living."

The one-on-one training sessions include nutrition counseling, individual workout sessions, grocery-store checklists and a Bod Pod measurement.

"The Bod Pod was created by NASA and perfected by scientists in Concord, California; it's also used by NFL teams for drafting (players) and maintaining their fitness levels," explained Heim.

Designed to measure the percentage of your total weight that is fat versus lean muscle tissue, the cutting-edge fitness tool gives guests a printout of your exact body fat and metabolism measurements. This allows wellness coaches to develop a customized, realistic program to help individuals achieve their desired health and fitness goals.

The spa's workout area features Woodway treadmills, more than 20 Matrix fitness machines, a mind-body studio for classes such as TRX, tai chi and an ultrahip vertical yoga wall.



"We had the vertical yoga wall designed by a man in Costa Rica; it's a unique style of yoga using straps and belts; it's so cool and a great workout," said Heim.

A second functional fitness studio offers Spinning and exclusive In-Trinity board classes—a fitness program designed to build strength, balance, flexibility and coordination.

The Spa at Red Rock is also the first nonmedical facility in the U.S. to offer the prestigious Lancer facial and body treatments.

"When the idea for a partnership came about, we felt confident that this was the best introduction for Lancer Skincare into the spa space. The staff at the Red Rock Resort by Well & Being Spa were trained by the medical staff at Lancer Dermatology and are highly capable technical spa professionals," explained Dr. Harold Lancer.

Based on years of research, The Lancer Method was founded by world-renowned skin doctor to the stars, Dr. Harold Lancer. The dermatologist's simple three-step process—polish, cleanse and nourish—relies on the scientific principle of "interlocking chemistry." This allows products to build and connect, resulting in healthy, flawless-looking skin.

"Lancer Skincare products are unique in that they require technical skill and consumer education to ensure proper home- and skin-therapy use. Explanation to consumers should be thorough to ensure proper,

maximum consumer benefit. The Red Rock Resort is truly a first-class resort and offers just that," said Lancer.

Typically reserved for Hollywood elite and A-listers, the introduction of Lancer Skincare treatments to The Spa at Red Rock menu of services offers guests the opportunity to indulge in services such as the Sparkle and Glow Body Polish, and legendary Lancer Glow anti-aging facials, including the Red Carpet Ready; Lancer Method with oxygen; and Lancer Microderm facials.

Perfect for a night out on the town or black-tie gala, the Lancer Microderm facial gently exfoliates dead skin cells, while stimulating collagen growth, to reveal healthy new skin that looks and feels smoother. A cleanse to remove impurities and surface dirt begins the Microderm treatment. Skin is then polished, and dulling dead skin cells removed with a mechanical exfoliation technique. An exclusive serum of pure 24k gold and a plant stem-cell compound are infused into the skin to deliver firming and lifting effects. Featuring a potent, anti-aging moisturizer that is massaged into the skin to hydrate and reduce the appearance of fine lines and wrinkles, the nourish step leaves skin smooth and visibly renewed.

Whether you are looking to be pampered like the stars, or wanting to jump-start your health and fitness routine, the newly renovated Spa at Red Rock by Well & Being has something for everyone. ☐

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